

Meal Deals


3 Pce Meal Deal \$5.50

Available every day. May include a surprise.

2 bags are required. Includes sauce.

1 for hot items and 1 for cold items.

Choose 1 item from A, 1 from B and 1 from C.

A	B	C
<u>Hot</u>	<u>Snack</u>	<u>Drink</u>
4 Nuggets or 2 Mini pies or Puppy dog	Corn Cob Or Coleslaw cup or Frozen yoghurt (Strawberry/Mango) or Granola cup or Moosie	Large water or Popper or Plain milk (for Flavoured milk add \$1.00)
<u>Sandwich/wrap or toastie</u>		
Egg & Lettuce Ham & Cheese Chicken & Mayo		

Use separate bags for hot & cold items and separate bags for each break.

NAME: Betty Banana	NAME: Betty Banana
Class: MB	Class: MB
BREAK: First Break	BREAK: First Break
4 Nuggets \$2.40	1 Strawberry milk \$2.50
Tom sce \$0.40	1 Grapes \$1.00
TOTAL \$2.80	TOTAL \$3.50

Notices

Please be advised if your child goes home ill, unless notified prior to cooking/making their order, we are unable to give a refund.

Tuckshop bags 10c ea or 50 for \$4.00
Gluten free * Vegetarian # Made in tuckshop ^

Use correct money where possible. Change for Prep and year 1 students will be sent to class. Change for year 2-6 will be noted on tuckshop bag for students to collect. Please do not use Gel pens, staples or sticky tape on bags. Include your name, class and break on your tuckshop bag.

Any changes to the menu will be notified via the school newsletter. Parents — Please ensure your child knows what has been ordered & encourage them to come & see us if they have any problems. Monthly specials will be notified via separate flyer.

Can't donate time? We are always in need of alfoil, detergent, chux, oven mitts, tea towels, teabags, sugar, SR flour, cocoa, tinned corn, tinned pineapple, etc.

For Parents of children with food allergies, we can not guarantee our tuckshop is free from these items and you use this service at your own risk. We are happy to accommodate you wherever we can so please contact us with any queries,

2017



*Open Monday–Friday
From 8.15am–2.00pm
CAFE
Mon–Fri 2.00 – 3.30pm*

*Volunteers always needed and very welcome.
One hour or one day week or one day a month.*

Proudly Supporting parents, students and staff.
Proudly following the Queensland Government
Smart Choices Policy.

Kurwongbah State School
Tuckshop Menu 2017
tuckshop@kurwongbss.eq.edu.au
www.ouronlinecanteen.com.au

3481 4337

Sandra Sayer
Rebecca Byrnes
Floss Still

Term 1 Mon 4th Oct – Fri 31st March
 Last day for tuckshop orders Wed 29th March
 Gluten free * Vegetarian # Made in tuckshop^
Tuckshop bags 10c ea or 50 for \$4.00

BREAKFAST

Available from 8.15am – 8.45am
 Hot food and drink items can be purchased over the Counter each morning.

SANDWICHES^ Wholemeal

White /Multigrain available on request

Vegemite	\$1.50
Ham OR Cheese OR Egg	\$2.00
Ham and Cheese OR Egg & lettuce	\$2.50
Chicken	\$3.00
Salad	\$3.50
Ham OR Chicken with Salad	\$4.50
Each salad ingredient or cheese	Add \$0.30

Salad = Lettuce/carrot/beetroot/ cucumber/ tomato/ capsicum/ cheese.

TOASTED SANDWICHES

Ham & Cheese	\$2.80
Ham & Cheese & Tomato	\$3.10
Chicken & Cheese	\$3.80

LAVASH WRAPS^

	Full/Half
Ham & Cheese roll ups	\$4.00/\$2.50
Chicken OR Egg & Lett	\$3.00/\$2.00
Salad #	\$4.00/\$2.00
Salad with Ham or Chicken	\$5.00/\$3.00
Mayo	\$0.40
Fork/Spoon	\$0.10

Salad boxes (staff only)

Plain Salad box	\$4.00
With Meat	\$5.50

FRUIT #*

Apple (normal/sliced)	\$1.00
Traffic light cup (layered fruit)	\$1.00
Other fruits when available	\$1.00
(Watermelon, grapes, bananas, oranges)	

SNACKS

Carrot sticks (3)*	\$0.20
Boiled egg*	\$0.80
Coleslaw cups # * ^	\$1.00
Crackers with Cheese or Vegemite	\$1.20
Crackers with Cheese & Tom/ Cheese & Veg	\$1.50
Custard *	\$1.50
Granola cups ^ *	\$1.50
Pikelets^ (1) pair	\$1.00
Brownies ^	\$0.40
Muffin Bites ^	\$0.50
Oat and Sultana cookies ^	\$0.50
Popcorn	\$1.00
Apricot bites (5) * # ^	\$1.00

ICE BLOCKS (Year 1-6 Only)

Paddle Pop choc/rainbow	\$2.00
Paddle Pop Icy Twist	\$1.50
Calippo	\$1.30
Frozen Yoghurt – Strawberry/Mango*	\$1.50
Moosie (Choc/Strawberry/Bubble gum/lime)	\$1.40
100% Frozen Juice Cups*	\$0.80
	Half/Full
Quech sticks 99% fruit juice	\$0.30/\$0.60

HOT FOOD

Sausage Roll	\$3.00
Mini Pie	\$1.70
Chicken Nugget (1) (GF Available)	\$0.60
Corn Cob * #	\$1.50
Sweet chilli chicken tender wrap with all Salad	\$7.00
	mini/Full
Sweet chilli chicken tender wrap w lettuce & mayo	\$3.00/\$5.50
	Puppy/Full
Hot Dog 99% FF	\$2.00/\$3.00
Hot Dog 99% FF with Cheese	\$2.30/\$3.30
Hot Dog Bites 99% FF (No Bread)*	\$3.00

Sauce is an extra 40c

Sauces – Tomato/Barbeque/Sweet Chilli/tartare/Sweet and sour **\$0.40**

Fish & wedges – 2 Flat head fillets, wedges 200gm, tartare sce	Large/small \$7.00/\$4.50
Wedges – 300gm with sweet chilli sauce & light sour cream	Large/small \$4.50/2.50

Add Coleslaw Cup \$1.00

Chicken/Beef Burgers	\$5.00
with Lettuce & Mayo OR Cheese	
with Lettuce Mayo & Cheese	
with Cheese & Sauce	
Add coleslaw	\$1.00
Works	\$6.00

DRINKS *#

Water 600ml	\$2.00
Milk 300ml Plain	\$1.60
Milk 300ml Choc/Strawberry / Banana	\$2.50
Poppers 250ml Apple/Orange/Apple Blackcurrant	\$1.50
Staff and Parents only	
Ice Break 500ml	\$4.00
Soft drink cans	\$2.00
Cappuccino, Latte, flat white, hot chocolate	12oz \$4.00
Tea	\$2.00